

Black Bean, Chicken & Avocado Salad

Ingredients

- 2 rotisserie chicken breast, shredded
- 2 ripe, firm avocados, diced
- 1C corn (fresh, frozen or roasted)
- 1.5C black bean (1 can, rinsed)
- ½ chopped red onion
- 2-3T lemon juice
- 2-3T olive oil
- salt/pepper

Preparation

- Combine all ingredients and toss with lemon juice and olive oil. Season with salt and pepper.
- 2. Serve room temperature or colder.

Tips

Additional ingredients include chopped sweet peppers, green onions, cilantro, lime juice and greens.

Serves well with Mexican foods of all kinds.

