

Cinnamon Streusel Coffee Cake

Ingredients

- 1/3C chopped walnuts
- 1/3C packed brown sugar
- 3T flour
- 1T ground cinnamon
- Coconut oil or cooking spray
- 1 1/4C sugar or monk fruit
- 1/3C olive oil
- 2 large eggs
- 3C flour of choice
- 1t baking powder
- 1t baking soda
- 1/2t sea salt
- 1 1/2C buttermilk*
- 1T vanilla

Preparation

- 1. Preheat oven to 350
- 2. Combine first 4 ingredients and sprinkle 1/3C into oiled Bundt pan. Set aside.
- 3. Combine sugar and oil and blend well with a mixer. Add eggs one at a time, beating well after each addition.
- 4. Combine dry ingredients well. Add flour mixture to creamed alternately with buttermilk. Mix after each addition. Stir in vanilla.
- 5. Remove 2C of batter. Pour remaining batter into the prepared pan. Sprinkle remaining walnut mix over batter. Pour reserved 2C batter over walnut mix.
- 6. Bake at 350 for 45min or until done. Let cool for 10min on a wire rack; remove from pan.

Tips

*To make buttermilk, add 2T vinegar to regular milk. Stir and set aside for 10-15min. Then use according to the recipe.

This is a great cake for Christmas morning alongside eggs. I've replaced ½ of the flour with whole wheat and actually prefer the taste, but it's less cake-like. A combination of almond and coconut flours may work well, too.

This recipe was modified from Cooking Light.

